



**905 639 8055**  
**905 664 2948**







Ontario Provincial

MARTIAL ARTS

Championships

Saturday February 29th 2020 - INFORMATION

Ontario Provincial Martial Arts Championships Information:

- Place:** Haber Recreation Centre, 3040 Tim Dobbie Drive, Burlington, ON
- Registration:** Saturday starts at 8:00am until start of division.
- Saturday:** All divisions have a start time.  
Please refer to Division Sheet for your Start Time.
- Pre-Registration received before February 15th:**  
\$40 for 1 event, \$15 for each additional.  
\$10 for 2 day spectator passes.
- Registration at the door:**  
\$50 for 1 event, \$20 for each additional.
- Spectators:** General Admission \$10 Daily pass.  
10 and under \$5 Daily pass.  
Seniors (proud grandparents) and  
Kids under 5 (future Black Belts) always **FREE!!**

Para Martial Arts Championships Information:

- Place:** Haber Recreation Centre, 3040 Tim Dobbie Drive, Burlington, ON
- Registration:** Saturday, starts at 8:00am until start of division.
- Eliminations:** Saturday 12:00 Noon with weapons followed by forms.  
All registered competitors include **One FREE Support Worker.**
- Pre-Registration received before February 15th:**  
\$40 for 1 event, \$15 for each additional.  
\$5 spectator passes.
- Registration at the door:**  
\$50 for 1 event, \$20 for each additional.
- Spectators:** General Admission \$10. 10 and under \$5.  
Support Worker Pass is **FREE.** Limit 1 per competitor.  
Seniors (proud grandparents) and  
Kids under 5 (future Black Belts) always **FREE!!**

Para Martial Arts Championships	
Intellectual All belt	Physical All belt
12 and under 13 and over	12 and under 13 and over

\*Eliminate lines and save \$\$ . Pre-register your competitors and spectators\*

DIRECTIONS

**From Toronto/Ottawa/Quebec:** 401W to 403W to 407W, Take Exit 9 Appleby Line, Turn Left onto Appleby Line, Turn Right on Dundas.  
**Haber Recreation Centre** will be on Right at corner of Dundas and Tim Dobbie.

**From Detroit/Windsor/London:** 401E to 403E to 407E, Take Exit 5 Dundas Street, Turn Right onto Dundas,  
**Haber Recreation Centre** will be on Left at corner of Dundas and Tim Dobbie.

**From Niagara/Buffalo:** Queen Elizabeth Way (QEW) Hamilton/Toronto bound to 407E. Take Exit 5 Dundas Street, Turn Right onto Dundas,  
**Haber Recreation Centre** will be on Left at corner of Dundas and Tim Dobbie.

**GPS Address:** 3040 Tim Dobbie Drive, Burlington, ON

HOTEL



SANDMAN

HOTELGROUP

SANDMAN HOTEL

3451 South Service Rd W, Oakville, ON L6L 0C3

Phone: (289) 881-7263



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Saturday February 29th 2020 - EVENTS



Junior Black Belts							
Time	Ring	Division	Traditional Weapons	Creative Weapons	Traditional Forms	Open Forms	Kumite / Sparring
9:00	4	-10yrs Boys	X	X	X	X	X
9:00	8	-10yrs Girls	X	X	X	X	X
10:00	8	11-12yrs Boys	X	X	X	X	X
10:00	4	11-12yrs Girls	X	X	X	X	X
11:30	4	13-14yrs Boys	X	X	X	X	X
11:30	8	13-14yrs Girls	X	X	X	X	X
1:30	4	15-17yrs Boys	X	X	X	X	X
1:30	8	15-17yrs Girls	X	X	X	X	X

Traditional Weapons – non-tapered Bo/Creative Weapons - no releases/ Traditional Forms includes Japanese, Korean, Okinawan and Chinese/ Open Forms - can use music or weapon.

Adult Black Belts									
Time	Ring	Division	Traditional Weapons	Creative Weapons	Open Forms	Traditional Forms	Time	Sparring	Kumite / Sparring
9:00	1	Men 18yrs+	X	X	X	X	2:00	-180lbs	+180lbs
9:00	5	Women 18yrs+	X	X	X	X	2:00	-135lbs	+135lbs

Veteran Black Belts						
Time	Ring	Division	Weapons	Traditional Forms	Time	Kumite/Sparring
9:00	2	Men 35yr+	X	X	1:30	X
9:00	2	Men 42yrs+	X	X	1:30	X
9:00	6	Women 35yrs+	X	X	1:30	X
9:00	6	Women 42yrs+	X	X	1:30	X

Open Forms may use Music / Weapon or Open Hand  
NOTE: All competitors are responsible for their own music player

Under Belt Divisions					
Time	Ring	Division	Weapons	Kata/ Forms	Sparring Boys/ Girls Separate
9:00	3	6yrs & under Novice	X	X	X
9:00	7	6yrs & under Advance	X	X	X
10:00	1	7-8yrs Novice	X	X	X
10:00	2	7-8yrs Intermediate	X	X	X
10:00	3	7-8yrs Advance	X	X	X
10:00	5	9-10yrs Novice	X	X	X
10:00	6	9-10yrs Intermediate	X	X	X
10:00	7	9-10yrs Advance	X	X	X
11:30	2	11-12yrs Novice	X	X	X
11:30	3	11-12yrs Intermediate	X	X	X
11:30	1	11-12yrs Advance	X	X	X
11:30	6	13-14yrs Novice	X	X	X
11:30	7	13-14yrs Intermediate	X	X	X
11:30	5	13-14yrs Advance	X	X	X
1:30	1	15-17yrs Novice	X	X	X
1:30	1	15-17yrs Intermediate	X	X	X
1:30	5	15-17yrs Advance	X	X	X
1:30	2	Men 18yrs+ Novice	X	X	X
1:30	2	Men 18yrs+ Advance	X	X	X
1:30	2	Men 35yrs+ Novice	X	X	X
1:30	2	Men 35yrs+ Advance	X	X	X
1:30	6	Women 18yrs+ Novice	X	X	X
1:30	6	Women 18yrs+ Advance	X	X	X
1:30	6	Women 35yrs+ Novice	X	X	X
1:30	6	Women 35yrs+ Advance	X	X	X
2:00	1	Under Belt Musical	X	X	

For More Information  
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